

Gym Schedule 05/19/2026 - 05/26/26

OPEN GYM

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00AM-10:45AM	6:00AM-11:00AM	6:00AM-6:45AM	6:00AM-11:00AM	6:00AM-11:45AM	7:00AM-8:30AM	8:00AM-2:45PM
2:00PM-3:30PM	3:00PM-3:45PM	3:30PM-4:00PM	3:00PM-3:30PM	2:00PM-3:45PM	8:45AM-11:30AM (HC)	
4:45PM-6:00PM(HC)	5:00PM-6:00PM(HC)	5:00PM-5:45PM	5:00PM-6:00PM(HC)	4:45PM-8:50PM	11:45AM-5:50PM	
6:00PM-8:50PM	7:15PM-8:15PM(HC)	8:15PM-8:50PM	7:15PM-8:15PM(HC)			
			8:15PM-8:50PM			

PICKLEBALL

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
12:00PM-2:00PM	11:00AM-12:00PM (Group/Private) (HC)	12:00PM-2:00PM	11:00AM-12:00PM (Group/Private) (HC)	12:00PM-2:00PM		3:00PM-5:45PM
	12:00PM-3:00PM		12:00PM-3:00PM			

AFTERSCHOOL

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
3:30PM-4:30PM	4:00PM-5:00PM	4:00PM-5:00PM	3:30PM-4:45PM	3:45PM-4:45PM		

Y BASKETBALL

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	6:10PM-7:10PM		6:10PM-7:10PM		8:45AM-9:30AM(HC)	
	7:15PM-8:15PM(HC)	7:15PM-8:15PM	7:15PM-8:15PM(HC)		9:45AM-10:30AM(HC)	
					10:45AM-11:30AM(HC)	

SOCCER

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
*6:00PM-7:00PM		6:00PM-7:00PM		*6:00PM-8:00PM		

YMCA VOLLEYBALL

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	5:00PM-6:00PM(HC)		5:00PM-6:00PM(HC)			

***Please note: On rainy days, soccer will be held inside**