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FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

New Rochelle YMCA JOB DESCRIPTION

Job Title: **Lifeguard**

Job Code: XXXX

FLSA Status: Non-exempt

Job Grade: XX

Reports to: Aquatics Manager

Revision Date: 01/01/2024

Leadership Level: Leader

Primary Function/Department: Aquatics

POSITION SUMMARY:

This position supports the work of the Y, a leading nonprofit, charitable organization committed to strengthening community through youth development, healthy living and social responsibility. The Lifeguard at the New Rochelle YMCA creates a safe and positive atmosphere that welcomes and respects all individuals while promoting and maintain safe swimming conditions in the pool, deck and surrounding areas in accordance with YMCA policies and procedures.

OUR CULTURE:

Our mission and core values are brought to life by our culture. In the Y, we strive to live our cause of strengthening communities with purpose and intentionality every day. **We are welcoming:** we are open to all. We are a place where you can belong and become. **We are genuine:** we value you and embrace your individuality. **We are hopeful:** we believe in you and your potential to become a catalyst in the world. **We are nurturing:** we support you in your journey to develop your full potential. **We are determined:** above all else, we are on a relentless quest to make our community stronger beginning with you.

ESSENTIAL FUNCTIONS:

1. Maintains active surveillance of the pool area.
2. Knows and reviews all emergency procedures and responds to emergency situations immediately in accordance with YMCA policies, procedures; completes related reports as required.
3. Responds to challenges with possible solutions in a timely manner.
4. Knows, understands, and consistently applies safety rules, policies, and guidelines for the pool and aquatic area.
5. Making sure pool and its surroundings are safe by walking the perimeter every hour.
6. Remains calm and objective when under pressure or when challenged by others.
7. Maintains accurate records as required by the YMCA and the state health department code.
8. Performs equipment checks and ensures appropriate equipment is available as needed.
9. Checks the pool for hazardous conditions at all times.
10. Performs chemical testing when not guarding, as required, and takes appropriate action.

LEADERSHIP COMPETENCIES:

- Inclusion
- Critical Thinking & Decision Making
- Emotional Maturity

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QUALIFICATIONS:

- Minimum age of 16
- Certifications: Basic life support or professional rescuer CPR/AED, first aid, and emergency oxygen administration
- Current YMCA Lifeguard or equivalent
- Child abuse prevention training within 30 days of hire date
- Ability to maintain certification-level physical and mental readiness
- Must demonstrate lifeguard skills in accordance with YMCA standards

WORK ENVIRONMENT & PHYSICAL DEMANDS:

- The physical demands described here are representative of those that must be met by an employee to successfully perform the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.
- Physically perform all skills required of a lifeguard.
- Hear noises and distress signals in the aquatic environment, including in the water and anywhere around the zone of responsibility.
- Remain alert with no lapses of consciousness.
- See and observe all sections of an assigned zone or area of responsibility.

SIGNATURE:

I have reviewed and understand this job description.

_____ _____

Employee's name Employee's signature

Today's date: _____