

| LAP SWIM                    |                          |                             |                          |                             |                            |                            |
|-----------------------------|--------------------------|-----------------------------|--------------------------|-----------------------------|----------------------------|----------------------------|
| Monday                      | Tuesday                  | Wednesday                   | Thursday                 | Friday                      | Saturday                   | Sunday                     |
| 6AM - 7AM<br>4 LANES        | 6AM - 8:55AM<br>6 LANES  | 6AM - 7AM<br>4 LANES        | 6AM - 8:55AM<br>6 LANES  | 6AM - 7AM<br>4 LANES        | 7AM - 7:55AM<br>2 LANES    | 8AM - 9:55AM<br>6 LANES    |
| 7AM - 8:55AM<br>6 LANES     |                          | 7AM - 8:55AM<br>6 LANES     |                          | 7AM - 8:55AM<br>6 LANES     |                            |                            |
| 10AM - 10:45AM<br>5 LANES   |                          | 10AM - 10:45AM<br>5 LANES   |                          | 10AM - 10:45AM<br>5 LANES   | 11:30AM - 2PM<br>3 LANES   | 10AM - 2PM<br>3 LANES      |
| 10:45AM - 3:10PM<br>5 LANES | 11AM - 3:10PM<br>4 LANES | 10:45AM - 3:10PM<br>5 LANES | 11AM - 3:10PM<br>4 LANES | 10:45AM - 3:10PM<br>5 LANES | 2PM - 4:45PM<br>4 LANES    | 2PM - 4:45PM<br>4 LANES    |
| 8PM - 8:45PM<br>5 LANES     | 8PM - 8:45PM<br>4 LANES  | 8PM - 8:45PM<br>5 LANES     |                          | 7:30PM - 8:45PM<br>2 LANES  |                            |                            |
| Open Swim                   |                          |                             |                          |                             |                            |                            |
| Monday                      | Tuesday                  | Wednesday                   | Thursday                 | Friday                      | Saturday                   | Sunday                     |
| 1PM - 3:10PM<br>2 LANES     | 1PM - 3:10PM<br>2 LANES  | 1PM - 3:10PM<br>2 LANES     | 1PM - 3:10PM<br>2 LANES  | 1PM - 3:10PM<br>2 LANES     | 1:30PM - 4:45PM<br>2 LANES | 1:30PM - 4:45PM<br>2 LANES |

**PLEASE NOTE:**  
**PRIVATE LESSONS CAN HAPPEN AT ANY TIME DURING LAP SWIM**  
**CIRCLE SWIM WHEN 3 OR MORE IS IN THE LANE**

| SEPTEMBER CHANGES                                                                   |
|-------------------------------------------------------------------------------------|
|                                                                                     |
| PROGRAMMING                                                                         |
| Sailfish M-F 4-8                                                                    |
| Lessons 3:15-8                                                                      |
|                                                                                     |
| Lifeguard Class 9/25-9/28                                                           |
| 3 Lanes 3:30PM-9PM                                                                  |
|                                                                                     |
| In-Staff Training                                                                   |
| CLOSED 9/21                                                                         |
| 3:00-5:00PM                                                                         |
|                                                                                     |
|  |
| Updated: 9/22/2026                                                                  |