

## Gym Schedule 08/18/2026 - 08/25/26

### OPEN GYM

| Monday                          | Tuesday                        | Wednesday                        | Thursday                       | Friday                          | Saturday                             | Sunday        |
|---------------------------------|--------------------------------|----------------------------------|--------------------------------|---------------------------------|--------------------------------------|---------------|
| 6:00AM-10:50AM<br>4:45PM-8:50PM | 6:00AM-9:50AM<br>4:45PM-7:10PM | 6:00AM-9:45AM<br>11:00AM-11:45AM | 6:00AM-9:50AM<br>4:45PM-7:10PM | 6:00AM-11:45AM<br>4:45PM-8:50PM | 7:00AM-8:30AM<br>8:45AM-11:00AM (HC) | 8:00AM-2:45PM |
| *6:00PM-7:00PM (S)              | 7:15PM-8:00PM (B)(HC)          | 4:30PM-6:00PM(HC)                | 7:15PM-8:00PM (B)(HC)          | *6:00PM-7:00PM (S)              |                                      |               |
|                                 | 8:00PM-8:50PM                  | 7:00PM-8:50PM                    | 8:00PM-8:50PM                  |                                 |                                      |               |
|                                 |                                |                                  |                                |                                 |                                      |               |

### PICKLEBALL

| Monday         | Tuesday                                 | Wednesday      | Thursday                                | Friday         | Saturday | Sunday        |
|----------------|-----------------------------------------|----------------|-----------------------------------------|----------------|----------|---------------|
| 12:00PM-2:00PM | 11:00AM-12:00PM<br>(Group/Private) (HC) | 12:00PM-2:00PM | 11:00AM-12:00PM<br>(Group/Private) (HC) | 12:00PM-2:00PM |          | 3:00PM-5:45PM |
|                | 12:00PM-3:00PM                          |                | 12:00PM-3:00PM                          |                |          |               |
|                |                                         |                |                                         |                |          |               |

### SUMMER CAMP

| Monday        | Tuesday                          | Wednesday     | Thursday                         | Friday        | Saturday | Sunday |
|---------------|----------------------------------|---------------|----------------------------------|---------------|----------|--------|
| 2:30PM-4:30PM | 10:00AM-11:45AM<br>3:00PM-4:30PM | 2:30PM-4:30PM | 10:00AM-11:45AM<br>3:00PM-4:30PM | 2:30PM-4:30PM |          |        |
|               |                                  |               |                                  |               |          |        |
|               |                                  |               |                                  |               |          |        |

### FITNESS CLASS

| Monday                | Tuesday | Wednesday             | Thursday | Friday | Saturday | Sunday |
|-----------------------|---------|-----------------------|----------|--------|----------|--------|
| 11:00AM-11:45AM (S.S) |         | 10:00AM-11:00AM (S.S) |          |        |          |        |
|                       |         |                       |          |        |          |        |
|                       |         |                       |          |        |          |        |

### YOUTH SPORTS

| Monday             | Tuesday               | Wednesday             | Thursday              | Friday             | Saturday                | Sunday |
|--------------------|-----------------------|-----------------------|-----------------------|--------------------|-------------------------|--------|
| *6:00PM-7:00PM (S) |                       | 4:30PM-6:00PM(HC)     |                       | *6:00PM-8:00PM (S) | 8:45AM-9:30AM (B) (HC)  |        |
|                    | 6:10PM-7:10PM (A)(HC) | 6:00PM-7:00PM (S)     | 6:10PM-7:10PM (A)(HC) |                    | 9:45AM-10:30AM (B)(HC)  |        |
|                    | 7:15PM-8:00PM (B)(HC) | 7:15PM-8:15PM (A)(HC) | 7:15PM-8:00PM (B)(HC) |                    | 10:45AM-11:30AM (B)(HC) |        |

(HC)= Half Court

(S) = Soccer

(B)= Basketball

(S.S) = Silver Sneakers

**\*Rainy days soccer  
will be held inside**