

Gym Schedule 07/15/2026 - 07/21/26

OPEN GYM

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00AM-8:50AM	6:00AM-9:50AM	6:00AM-9:45AM	6:00AM-9:50AM	6:00AM-11:45AM	7:00AM-8:30AM	8:00AM-2:45PM
9:00AM-11:00AM(HC)	4:45PM-7:10PM	11:00AM-11:45AM	4:45PM-7:10PM	4:45PM-8:50PM	8:45AM-11:30AM (HC)	
4:45PM-8:50PM	7:15PM-8:00PM (B)(HC)	4:30PM-6:00PM(HC)	7:15PM-8:00PM (B)(HC)	*6:00PM-7:00PM (S)	5:00PM-5:50PM	
*6:00PM-7:00PM (S)	8:00PM-8:50PM	7:00PM-8:50PM	8:00PM-8:50PM			

PICKLEBALL

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
12:00PM-2:00PM	11:00AM-12:00PM (Group/Private) (HC)	12:00PM-2:00PM	11:00AM-12:00PM (Group/Private) (HC)	12:00PM-2:00PM		3:00PM-5:45PM
	12:00PM-3:00PM		12:00PM-3:00PM			

SUMMER CAMP

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
2:30PM-4:30PM	10:00AM-11:45AM 3:00PM-4:30PM	2:30PM-4:30PM	10:00AM-11:45AM 3:00PM-4:30PM	2:30PM-4:30PM		

FITNESS CLASS

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
11:00AM-11:45AM (S.S)		10:00AM-11:00AM (S.S)				

YOUTH SPORTS

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
*6:00PM-7:00PM (S)		4:30PM-6:00PM(HC)		*6:00PM-8:00PM (S)	8:45AM-9:30AM (B) (HC)	
	6:10PM-7:10PM (A)(HC)	6:00PM-7:00PM (S)	6:10PM-7:10PM (A)(HC)		9:45AM-10:30AM (B)(HC)	
	7:15PM-8:00PM (B)(HC)	7:15PM-8:15PM (A)(HC)	7:15PM-8:00PM (B)(HC)		10:45AM-11:30AM (B)(HC)	

(HC)= Half Court

(S) = Soccer

(B)= Basketball

(S.S) = Silver Sneakers

***Rainy days soccer
will be held inside**