



THE NEW ROCHELLE YMCA SUMMER CAMP 2026



NEW ROCHELLE YMCA - 50 WEYMAN AVENUE
NEW ROCHELLE, NY 10805

PHONE: 914-632-1818

childcare@nymca.org
nymca.org



New Rochelle YMCA Summer Camp –

Youth Development is one of the YMCA's Impact Areas where Ys are empowering young people to reach their fullest potential and at the heart of our summer camp. The YMCA Summer Camp program offers more than just a fun, caring, and safe place to keep your child physically and mentally engaged over the summer. It's more than just a summer experience that fosters new friendships, teaches new skills and provides so many ways to have fun and laugh the time away. We do so much more than take daily swims in our pool, dance in our studio, create unique arts and crafts, play games and take fabulous weekly trips.

Embedded in our program, we integrate a holistic approach to programming that enhances and nurtures the unique developmental journey of every child and teen. Activities and trips vary depending on the age group to ensure they are aligned to age appropriate milestones.

We create opportunities for campers to challenge themselves as they seek to become more independent and self-reliant. Team building activities allow campers to communicate effectively and take on leadership roles as they work together to solve problems. Sports games foster healthy competition and inspire kids to do their best.

Woven throughout the series of events that make up the day, we teach our four core values of caring, honesty, respect and responsibility. Counselors, serving as positive role models, help with character development activities throughout the week to further reinforce our efforts in teaching these universal values. It may seem like just fun and games, but we are strategic and purposeful in the activities selected to nurture your child's growth. We enrich each child's:

- **MIND** by exposure to Science, Math, Technology, and Engineering
- **BODY** by exploring Health and Wellness through Culinary
- **SPIRIT** by growing an appreciation of Arts & Music

Each child gains something different at camp: making new friends, self-confidence, independence, and leadership—skills that last far beyond camp. Whether it's your child's first camp experience or a returning camper, our camp provides an environment where campers are encouraged to grow, have fun, be creative and make those memories that will last a lifetime.

Questions? Call the Childcare Department at 914-224-7504

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WEEKLY THEMES AND TRIPS

Week 1:

June 29 - July 3, 2026

Theme: Camp Spirit Week

Experience: ArtsWestchester's ArtsMobile Bucket Drumming

(Camp closed Friday, July 3rd in observance of the July 4th Independence Day Holiday)

Week 2:

July 6 - 10, 2026

Theme: Camp Kindness Week

Experience: Gizmo D. Robot - "A Robot Like Me!" Anti-Bullying Awareness

Week 3:

July 13 - 17, 2026

Theme: STEM Explorers Week

Trip: iFly Indoor Skydiving

Week 4:

July 20 - 24, 2026

Theme: Nature Quest Week

Trip: Alley Pond Adventure Course, Weinberg Nature Center



Week 5:

July 27 - July 31, 2026

Theme: Retro Week

Experience: Camp Talent Show, ArtsWestchester's ArtsMobile Bucket Drumming

Week 6:

August 3 - 7, 2026

Theme: Sports Mania Week

Experience: Field Day, Camp Olympics

Trip: Hapik, Monster Mini Golf

Week 7:

August 10 - 14, 2026

Theme: Wild Discoveries Week

Experience: Liberty Science Center, Cradle of Aviation

Week 8:

August 17 - 21, 2026

Theme: Color Craze Week

Trip: Wilson Woods Pool

Experience: Camp Color Run

Week 9:

August 24 - 28, 2026

Theme: Under the Sea Week

Experience: Oceans & Sharks Rock



Please note that trips are subject to change

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CHECK OUT OUR ACTIVITY SCHEDULE!

New Rochelle YMCA Summer Camp Example Schedule

Time	Activity
7:30 am - 9:00 am	AM Extended Care, Yard Games & Activities
9:00 am - 10:00 am	Camp Opening Breakfast, Morning Group Gatherings
10:00 am - 11:00 am	Team Building, Group Activities
11:00 am - 12:00 pm	Swim
12:00 pm - 1:00 pm	Lunch
1:00 pm - 2:00 pm	Arts and Crafts, Culinary
2:00 pm - 3:00 pm	Various Youth Sports, CATCH Curriculum
3:00 pm - 4:00 pm	STEM
4:00 pm - 5:00 pm	Field Games, Dismissal
5:00 pm - 6:30 pm	PM Extended Care, Gym Games



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KIDS MAKE MEMORIES AT NEW ROCHELLE YMCA CAMP...

Our day camp is divided into smaller camp groups based on age groups. This ensures all activities are age appropriate. Whether enrolled in Discovery Camp (D), Adventurer (A), Explorer (E) or X-treme Teen (T), all groups enjoy an assortment of activities throughout the day ranging from arts and crafts, dance, swimming, and organized games/sports. Weekly themes thread the days of the week together and culminate in a weekly age- appropriate trip. One weekly dress up day for extra silliness and fun. We offer free lunch and a healthy snack daily. Children with allergies or food sensitivities should bring their own lunch. Regardless of where we go or what we do, the goal is to always have fun and create great memories.



Discovery Camp is a great way to introduce your child to the summer camp experience. It is designed for children entering preschool and/or Kindergarten in September 2025. Supported by caring counselors, campers are provided with a myriad of activities ranging from arts and crafts, swimming, organized games to promote gross motor skill development, and we'll even sneak in some academic work to be sure they don't forget their A, B, C's or 1, 2, 3's. Please note that all campers must be fully toilet-trained. (Ages 3-4, 1:6 staff to camper ratio)



Adventurers will engage in fun adventures in this traditional day camp as they keep active with physical fitness, sports, dance, indoor and outdoor activities, swimming and so much more. Campers will be excited as they enjoy science activities, be creative in arts and crafts and build resilience as they engage in challenges that require problem-solving and critical thinking skills. Activities will also help campers build social and emotional skills in a fun and inclusive environment. (Ages 5-6 & 7-8, 1:6 staff to camper ratio)



In the **Explorer Camp**, campers will experience a variety of fun, traditional camp activities that revolve around the weekly themes. Explorers will participate in innovative projects, shows, and other special events. Activities include daily swimming, sports, arts and crafts, and STEM activities. These, in addition to group projects will help develop communication and team building skills, as well as persistence and building confidence. All this while making friends and having fun! (Ages 9-11, 1:10 staff to camper ratio)

Teen X-treme team will be an amazing and varied summer experience for this age group. Campers will build communication and collaborative working skills as their team dives into activities based on weekly themes. Campers will explore and partake in the arts, sports, and science, all with a focus on building confidence and strong peer relationships. (Ages 12-15, 1:12 staff to camper ratio)

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CHECK OUT OUR CALENDAR!

JULY 2026 NEW ROCHELLE YMCA - SUMMER CAMP					
WEEKLY THEME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FUN FRIDAY
CAMP SPIRIT WEEK	29 DRESS TO IMPRESS DAY RED, WHITE & BLUE STAINED GLASS PAPER WINDOW CRAFT	30 CRAZY SOCK DAY PATRIOTIC YOGURT PARFAIT	1 TWIN DAY ARTSWESTCHESTER'S ARTSMOBILE BUCKET DRUMMING	2 WEAR RED WHITE & BLUE, STARS & STRIPES PATRIOTIC BEADED FLAG KEY CHAINS	3 CAMP CLOSED IN OBSERVANCE OF JULY 4TH
CAMP KINDNESS WEEK	6 PAINTED KINDNESS ROCKS	7 GIZMO D. ROBOT A ROBOT LIKE ME ANTI-BULLYING	8 FRIENDSHIP BRACELETS	9 ART WITH HEIDI	10 FRUIT PIZZA CRACKERS
STEM EXPLORERS WEEK	13 MARBLE PAPER PAINTING	14 STEM CHALLENGE TASTE-SAFE KINETIC SAND	15 TRIP: IFLY (D/A)	16 TRIP: IFLY (E/T) CREAMER CUP ICE CREAM DIY	17 STEM CHALLENGE OREO COOKIE MOON PHASES
NATURE QUEST WEEK	20 DESIGN & BUILD CATAPULTS	21 TRIP: WEINBERG NATURE CENTER (D/A)	22 STEM CHALLENGE BUILD A SOAP POWERED BOAT	23 ALLEY POND ADVENTURE (E/T) ANIMAL TRACK SNACK	24 FEATHER BEADED NECKLACES ART WITH HEIDI
RETRO WEEK	27 ON-SITE EXPERIENCE CHARLIE & THE BUBBLE FACTORY	28 DESIGN YOUR OWN BUTTON/PIN	29 STEM CHALLENGE LAVA LAMP	30 ARTSWESTCHESTER'S ARTSMOBILE BUCKET DRUMMING TIE-DYE TSHIRTS	31 CAMP TALENT SHOW SMORES

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AUGUST 2026 NEW ROCHELLE YMCA - SUMMER CAMP					
WEEKLY THEME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FUN FRIDAY
SPORTS MANIA WEEK	3 ART WITH HEIDI	4 TRIP: HAPIK (D/A)	5 ANTS ON A LOG SNACK	6 TRIP: MONSTER MINI GOLF (E/T)	7 FIELD DAY / CAMP OLYMPICS
WILD DISCOVERIES WEEK	10 APPLE PIE IN A CUP	11 LIBERTY SCIENCE CENTER (D/A)	12 PENDULUM PAINTING	13 CRADLE OF AVIATION MUSEUM (E/T)	14 STEM ACTIVITY CHALLENGE LEVITATING PING PONG BALL
COLOR CRAZE WEEK	17 STEM CHALLENGE RAINBOW BUBBLE SNACK	18 RITZ PIZZA BITES ART WITH HEIDI	19 SPIN ART	20 TRIP: WILSON WOODS POOL (ALL GROUPS)	21 CAMP COLOR RUN
UNDER THE SEA WEEK	24 SHARK YOGURT CUPS	25 UNDER THE SEA SILHOUETTE PAINTINGS	26 OCEANS & SHARKS ROCKS ON-SITE EXPERIENCE	27 ARTSWESTCHESTER'S ARTSMOBILE BUCKET DRUMMING	28 OCEAN GRAHAM CRACKER SNACK

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PRICING

Weekly Camp Rate

Member: \$380

Non-Member: \$415

Weekly Cost of Extended Care

AM or PM: \$75

Both AM and PM: \$140

REFUND POLICY

Cancellations, changes, and refunds may be made prior to May 15th for a refund (less the non-refundable \$75 registration fee and 25% deposit.).

No refunds will be accepted after May 15th. A \$30 service fee per occurrence will apply for any returned or disputed payments. Unpaid balances past 30 days will be forwarded for collection. Cancellations must be made in writing or by email to Childcare Department at childcare@nrymca.org

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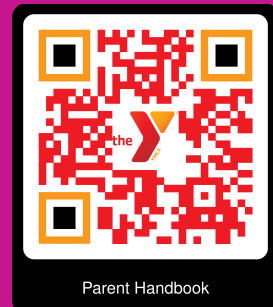


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REGISTRATION FORM

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Parent Handbook



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