

Gym Schedule 1/21/2026 - 1/27/26

OPEN GYM

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00AM-12:00PM	6:00AM-11:00AM	6:00AM-9:45AM	6:00AM-12:00PM	6:00AM-11:45AM	7:00AM-9:45AM	8:00AM-12:45PM
2:00PM-5:45PM	3:00PM-3:45PM	11:00AM-12:00PM	3:00PM-3:30PM	2:00PM-4:45PM	9:00AM-10:00AM(HC)	
7:15PM-8:45PM	5:00PM-6:00PM	2:00PM-3:45PM	7:45PM-9:00PM	8:15PM-9:00PM	10:15AM-6:00PM	
	6:00PM-7:00PM (HC)	5:00PM-5:45PM				
	8:15PM-9:00PM	8:15PM-9:00PM				

PICKLEBALL

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
12:00PM-2:00PM	11:00AM-12:00PM (Group/Private)	12:00PM-2:00PM	12:00PM-3:00PM	12:00PM-2:00PM		3:00PM-5:45PM
	12:00PM-3:00PM					

YMCA VOLLEYBALL

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	6:00PM-7:30PM(T)(HC)		6:00PM-7:30PM(T)			

Y BASKETBALL

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	7:15PM-8:00PM(HC)				9:00AM-10:00AM	