

Lap Swim

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|------------------------------|------------------------------|-------------------------------|------------------------------|---------------------------------|------------------------------|------------------------------|
| 6AM-7AM 4 LANES | 6AM-9AM 6 LANES | 6AM-7AM 4 LANES | 6AM-9AM 6 LANES | 6AM-7AM 4 LANES | 7AM-8AM 4 LANES | 8AM-10AM 6 LANES |
| 7AM-9AM 6 LANES | | 7AM-9AM 6 LANES | | 7AM-9AM 6 LANES | | 7AM-9AM 6 LANES |
| 10AM-11AM 6 LANES | | 10AM-11AM 6 LANES | | 10AM-11AM 6 LANES | | |
| 11AM-12 PM 5 LANES | 11AM-12 PM 2 LANES | 11AM-12 PM 6 LANES | 11AM-12 PM 5 LANES | 11AM-12 PM 6 LANES | | |
| 12PM-3PM 6 LANES | 12PM-3PM 6 LANES | 12:30PM-2PM 6 LANES | 12PM-3PM 6 LANES | 12PM-3PM 6 LANES | 1PM-4:45PM 3 LANES | 1PM-4:45PM 3 LANES |
| 3PM-4PM 4 LANES | 3PM-4PM 4 LANES | 3PM-4PM 4 LANES | 3PM-4PM 4 LANES | 3PM-5PM 4 LANES | | |
| 8PM-8:45PM 1 LANES | 8PM-8:45PM 1 LANES | 8PM-8:45PM 1 LANES | 8PM-8:45PM 1 LANES | 7:30PM-8:45PM 6 LANES | | |

Open Swim

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---------------------------|---------------------------|---------------------------|---------------------------|---------------------------|------------------------------|------------------------------|
| 3PM-4PM 2 LANES | 3PM-4PM 2 LANES | 3PM-4PM 2 LANES | 3PM-4PM 2 LANES | 3PM-5PM 2 LANES | 1PM-4:45PM 2 LANES | 1PM-4:45PM 2 LANES |

PLEASE NOTE:
PRIVATE LESSONS CAN HAPPEN AT ANY TIME
CIRCLE SWIM WHEN 3 OR MORE IS IN THE LANE

October Changes

Thursday

10/2/2025
12PM - 1PM No Lap

Monday

10/13/2025
12PM - 1PM No Lap

Sunday

10/19/2025
3PM - 4PM No Lap Swim

Friday

10/24/2025
4PM - 9PM No Lap Swim

