

## Pool Schedule: 9/2/2025 - 9/30/2025

FOR YOUTH DEVELOPMENT \*
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Pool Legend
6:00-7:00 AM		6:00-7:00 AM		6:00-7:00 AM			Lap Swim *PLEASE NOTE:
Lap Swim (4L) Masters (2L)	6:00-8:50 AM Lap Swim	Lap Swim (4L) Masters (2L)	6:00-8:50 AM Lap Swim	Lap Swim (4L) Masters (2L)			Private Lessons Can Happen During This
7:00-8:50 AM Lap Swim		7:00-8:50 AM Lap Swim		7:00-8:50 AM Lap Swim	7:00-8:00 AM Swim Team (2L) Lap Swim		Masters  *PLEASE NOTE: Private Lessons Can Happen During This
					8:00-9:00 AM Aqua Flex	8:00-9:50 AM Lap Swim	Salifish  *PLEASE NOTE: Private Lessons Can Happen During This
9:00-10:00 AM Silver Splash	9:00-10:00 AM Water Funk	9:00-10:00 AM Aqua Zumba	9:00-10:00 AM Water Funk	9:00-10:00 AM Silvers Splash	9:00-10:00 AM Aqua Flex		Aquacise *PLEASE NOTE:
10:00-10:50 AM Lap Swim	9:00-10:00 AM Water Funk 11:00-12:00 PM	10:00-3:50 PM Lap Swim	9:00-10:00 AM Water Funk 11:00-12:00 PM	10:00-3:50 PM Lap Swim	10:00-1:00 PM Group Swim	10:00-1:00 PM Group Swim	Group Swim *PLEASE NOTE Open
Lap Swim (5L) Group Swim (1L)	Group Swim (4L) Lap Swim (2L)		Group Swim (4L) Lap Swim (2L)				Swim *PLEASE NOTE:
12:00-3:00 PM Lap Swim	12:00-3:00 PM Lap Swim		12:00-3:00 PM Lap Swim				Lifeguard *PLEASE NOTE:
							Family Fun *PLEASE NOTE: Private
3:00-4:00 PM	3:00-4:00 PM	3:00-4:00 PM	3:00-4:00 PM		1:00-4:45 PM	1:00-4:45 PM Lap Swim (4L) Open Swim (2L)	
Lap Swim (4L) Open Swim (2L)	3:00-5:00 PM Lap Swim (4L) Open Swim (2L)	Lap Swim (4L) Open Swim (2L)					
4:00-6:00 PM Group Swim	4:00-6:00 PM Group Swim	4:00-6:00 PM Group Swim	4:00-6:00 PM Group Swim	5:00-6:00 PM Group Swim (2L) Lap Swim (2L)			
6:00-7:00 PM Swim Team (6L)	6:00-7:00 PM Deep Water Cond. Swim Team	6:00-7:00 PM Swim Team (6L)	6:00-7:00 PM Deep Water Cond. Swim Team	6:00-7:00 PM Swim Team (6L)			
7:00-8:00 PM Swim Team (5L) Group Swim (1L)							
8:00-9:00 PM Swim Team (5L) Lap Swim	Updated: 8/22/2025						