# Gym Schedule 07/11/2025 - 07/18/25

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00AM-9:45AM	6:00AM-9:45AM	6:00AM-9:45AM	6:00AM-9:45AM	6:00AM-9:45AM	7:00AM-11:45AM	8:00AM-3:00PM
11:00AM-12:00PM	4:00PM-5:00PM	2:00PM-3:00PM		11:00AM-12:00PM	2:00PM-6:00PM	
4:15PM-5:45PM		7:00PM-9:00PM (FC)	7:30PM-9:00PM	4:15PM-9:00PM		
7:45PM-9:00PM						

## PICKLEBALL

Monday	Tuesdav	Wednesday	Thursday	Friday	Saturdav	Sunday
12:00PM-2:00PM	11:00AM-12:00PM	12:00PM-2:00PM	11:00AM-11:30AM	12:00PM-2:00PM		
	(Group/Private)		(Group/Private)			
	12:00PM-2:00PM		11:30PM-1:30PM			
	12.00000-2.0000		11.30FM-1.30FM			

# YMCA VOLLEYBALL

Monday	Tuesday	Wednesdav	Thursday	Fridav	Saturday	Sunday
6:00PM-7:30PM (T)			5:00PM-6:00PM (P)			
			6:00PM-7:30PM (T)			

#### SUMMER CAMP

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10.00404.11.00404	10.000111.00011	11.00AM 12.00DM	10.00404 11.00404	10.00414.00414		
10:00AM-11:00AM 2:00PM-4:00PM	10:00AM-11:00AM 2:00PM-4:00PM	11:00AM-12:00PM 3:00PM-5:00PM	10:00AM-11:00AM 3:00PM-5:00PM	10:00AM-11:00AM 2:00PM-4:00PM		
2.00PM-4.00PM	2.00011-4.00011	3.00PM-5.00PM	3.00PM-5.00PM	2.0000-4.0000		

#### YCP

Monday	Tuesdav	Wednesdav	Thursday	Friday	Saturday	Sundav
		5:00PM-7:00PM (FC)			12:00PM-2:00PM	

## Silver Sneakers

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		10:00AM-11:00AM				