



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## Pool Schedule: 06/09/2025-06/15/2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Pool Legend
6:00-7:00 AM Lap Swim (4L) ASC (2L)	6:00-7:00 AM Lap Swim	6:00-7:00 AM Lap Swim (4L) ASC (2L)	6:00-7:00 AM Lap Swim	6:00-7:00 AM Lap Swim (4L) ASC (2L)			<b>Yellow-</b> Lap Swim  <b>Blue-</b> Water Exercise  <b>Orange-</b> Open Swim is open to all that have a membership  <b>Red-</b> Private Lessons  <b>Green-</b> Sailfish Swim Team  <b>Aqua Green-</b> Holiday Camp  <b>Pink-</b> Afterschool  <b>Purple-</b> FASNY
7:00-8:00 AM Lap Swim	7:00-8:00 AM Lap Swim	7:00-8:00 AM Lap Swim	7:00-8:00 AM Lap Swim	7:00-8:00 AM Lap Swim	7:00-8:00 AM Lap Swim (3L) Swim Team (3L)		
8:00-8:50 AM Lap Swim	8:00-8:50 AM Lap Swim	8:00-8:50 AM Lap Swim	8:00-8:50 AM Lap Swim	8:00-8:50 AM Lap Swim	8:00-8:50 AM Lap Swim (3L) Swim Team (3L)	8:00-8:45 AM Lap Swim	
9:00-10:00 AM Silver Splash	9:00-10:00 AM Water Funk	9:00-10:00 AM Aqua Zumba	9:00-10:00 AM Water Funk	9:00-10:00 AM Silver Splash	9:00-10:00 AM Aqua Flex	9:00-10:00 AM Lap Swim (4L) Lifeguard Course (2L)	
10:00-11:00AM Lap Swim	10:00-11:00 AM Water Funk	10:00-11:00AM Lap Swim	10:00-11:00 AM Water Funk	10:00-11:00AM Lap Swim	10:00 AM-1:00 PM Group Lessons Private Lessons Lifeguard Course	10:00 AM-1:00 PM Group Lessons Private Lessons Lifeguard Course	
11:00-12:00 PM Lap Swim	11:00-12:00 PM Lap Swim (3L) Group Lessons (3L)	11:00-12:00 PM Lap Swim	11:00-12:00 PM Lap Swim (4L) Group Lessons (2L)	11:00-12:00 PM Lap Swim			
12:00-1:00 PM Lap Swim	12:00-1:00 PM Lap Swim	12:00-1:00 PM Lap Swim	12:00-1:00 PM Lap Swim	12:00-1:00 PM Lap Swim			
1:00-2:00 PM Lap Swim	1:00-2:00 PM Lap Swim	1:00-2:00 PM Lap Swim	1:00-2:00 PM Lap Swim	1:00-2:00 PM Lap Swim	1:00-4:45 PM Lap Swim (2L) Open Swim (2L) Lifeguard Course (2L)	1:00-4:45 PM Lap Swim (2L) Open Swim (2L) Lifeguard Course (2L)	
2:00-3:00 PM Lap Swim	2:00-3:00 PM Lap Swim	2:00-3:00 PM Lap Swim	2:00-3:00 PM Lap Swim	2:00-3:00 PM Lap Swim			
3:00-3:55 PM Lap Swim (6L)	3:00-3:55 PM Lap Swim (6L)	3:00-3:55 PM Lap Swim (6L)	3:00-3:55 PM Lap Swim (6L)	3:00-3:55 PM Lap Swim (6L)			
4:00-5:00 PM Group Lessons (6L)	4:00-5:00 PM Group Lessons (6L)	4:00-5:00 PM Group Lessons (6L)	4:00-5:00 PM Group Lessons (6L)	4:00-5:00 PM Lap Swim (3L) Lifeguard Course (3L)			<b>NOTE: Private Lessons may happen during lap swim.</b>  <b>Caps are required when in the pool.</b>
5:00-5:50 PM Group Lessons (6L)	5:00-5:50 PM Group Lessons (6L)	5:00-5:50 PM Group Lessons (6L)	5:00-5:50 PM Group Lessons (6L)	5:00-5:50 PM Lap Swim (6L)			
6:00-7:00 PM Swim Team	6:00-7:00 PM Deep Water Conditioning(4L) Swim Team(2L)	6:00-7:00 PM Swim Team	6:00-6:45 PM Deep Water Conditioning	6:00-7:00 PM Swim Team			
7:00-8:00 PM Swim Team	7:00-8:00 PM Swim Team	7:00-8:00 PM Swim Team	7:00-8:00 PM Group Lessons (1L) Swim Team (5L)	7:00-8:00 PM Swim Team			
8:00-9:00 PM Swim Team	8:00-9:00 PM Swim Team	8:00-9:00 PM Swim Team	8:00-9:00 PM Swim Team	8:00-9:00 PM Swim Team			
						Updated: 06/05/2025	