

# Gym Schedule 05/28/2025 - 06/15/25



(Content Key) FC: Full Court HC: Half Court  
**M-F: 6 AM - 9 PM**  
**Sat: 7 AM - 6 PM**  
**Sun: 8 AM - 6 PM**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
6:00-9:00AM Open Gym FC	6:00-11:00AM Open Gym FC	6:00-10:00AM Open Gym FC	6:00-11:00AM Open Gym FC	6:00-10:45AM Open Gym FC			
9:00-10:45AM Silver Sneakers	11:00-11:45AM Pickleball Privates FC	10:00-10:45AM Silver Sneakers FC	11:00-11:45AM Pickleball Privates FC		7:00-12:00PM Open Gym FC		8:00 -10:00AM Open Gym FC
10:45-12:00PM      Open Gym FC		11:00-11:45AM Open Gym FC					
12:00-2:00PM Pickleball FC	12:00-2:00PM Pickleball FC	12:00-2:00PM Pickleball FC	12:00-2:00PM Pickleball FC	12:00-2:00PM Pickleball FC		10:00 - 1:00PM YMCA/YCP Basketball HC	
2:00-3:00PM Open Gym FC	2:00-3:00PM Open Gym FC	2:00-3:00PM Open Gym FC	2:00-3:00PM Open Gym FC	2:00-3:00PM Open Gym FC	12:00PM - 3:00PM YMCA/YCP Basketball HC	1:00-3:00PM Open Gym FC	
3:00-4:15PM      After School FC	3:00-4:15PM After School FC	3:00-4:15PM After School FC	3:00-4:15PM After School FC	3:00-4:15PM      After School FC			
4:15-4:45PM TEEN TIME (12-18) FC	4:15PM-4:45PM      TEEN TIME (12-18) FC	4:15PM- 4:45PM      TEEN TIME (12-18) FC	4:15PM - 4:45 PM TEEN TIME (12-18) FC	4:15PM - 6:30PM (4-12yr & Parents) HC	3:00-6:00PM Open Gym FC	3:00-5:45PM Pickleball FC (PAID PROGRAM) FC	
4:45 - 5:00PM CLOSED	4:45 - 5:00PM CLOSED	4:45 - 5:00PM CLOSED	4:45 - 5:00PM CLOSED	4:15PM -6:30PM    TEEN TIME HC (12-18)			
5:00-9:00PM YMCA YMCA Opena Gym FC	5:00-6:00PM YMCA Open Gym	5:00-6:00PM Volleyball HC	5:00 - 7:30PM YMCA - Volleyball FC	6:30PM -9:00PM    OPEN GYM FC			
	6:00-7:30PM Volleyball FC	5:00 - 6:00PM YMCA Open Gym HC					
	7:30-9:00PM Open Gym FC	6:00-7:00PM Volleyball HC	7:45PM-9:00PM    OPEN GYM FC				
		6:00PM-9:00PM OPEN GYM					