

Gym Schedule 03/24/2025 - 03/31/25



(Content Key)
FC: Full Court
HC: Half Court
M-F: 6 AM - 9 PM
Sat: 7 AM - 6 PM
Sun: 8 AM - 6 PM

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00-11:55AM Open Gym FC	6:00-11:00AM Open Gym FC	6:00-10:00AM Open Gym FC	6:00-11:00AM Open Gym FC	6:00-10:45AM Open Gym FC	7:00-10:45AM Open Gym FC	8:00 -10:00AM Open Gym
	11:00-11:45AM Pickleball Privates FC	10:00-10:45AM Silver Sneakers FC	11:00-11:45AM Pickleball Privates FC			
12:00-2:00PM Pickleball FC	12:00-2:00PM Pickleball FC	12:00-2:00PM Pickleball FC	12:00-2:00PM Pickleball FC	12:00-2:00PM Pickleball FC	9:00-11am YMCA Basketball Lessons FC	8:00 -10:00AM Open Gym
2:00-3:00PM Open Gym FC	2:00-3:00PM Open Gym FC	2:00-3:00PM Open Gym FC	2:00-3:00PM Open Gym FC	2:00-3:00PM Open Gym FC	11:00-6:00PM Open Gym FC (Flexible HC for YMCA Privates)	10:00-1:00PM Basketball HC
3:00-4:15PM After School FC	3:00-4:15PM After School FC	3:00-4:15PM After School FC	3:00-4:15PM After School FC	3:00-4:15PM After School FC		10:00-3:00PM Open Gym HC
4:15-5:00PM TEEN TIME (12-18) FC	4:15PM-5:00PM TEEN TIME (12-18) FC	4:15PM- 5:00PM TEEN TIME (12-18) FC	4:15PM - 5:00 PM TEEN TIME (12-18) FC	4:15PM - 6:30PM (4-12yr & Parents) HC		Closed
5:00-9:00PM Open Gym	5:00-9:00PM Basketball Lessons	5:00-6:00PM Volleyball FC	5:00 - 6:30PM YMCA - Volleyball FC	4:15PM -6:30PM TEEN TIME HC (12-18)		
		6:00-7:00PM Volleyball FC	6:45PM-9:00PM OPEN GYM FC	6:30PM -9:00PM OPEN GYM FC		
		7:00PM-9:00PM OPEN GYM FC				