

Gym Schedule 02/16/2025 - 02/28/25



The gym will be closed from February 20 to March 11
Facility Hours:
 M-F: 6 AM - 9 PM
 Sat: 7 AM - 6 PM
 Sun: 8 AM - 6 PM

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00-10:00AM Open Gym	6:00-11:00AM Open Gym	6:00 AM - 10:00 AM Open Gym	6:00-11:00AM Open Gym	6:00-10:00AM Open Gym	7:00 - 9:00AM Open Gym	8:00 - 3:00PM Open Gym Please note this may vary for private events
10:00-10:45AM Zumba Gold		10:00-10:45 AM Silver Sneakers		10:00 - 10:45 AM Zumba Gold	9:00AM - 1:00PM Basketball Lessons	
11:00-11:45AM Open Gym	Group Pickleball Lessons 11:00 - 12:00PM	11:00-11:45 AM Zumba Toning	Group Pickleball Lessons 11:00 - 12:00PM	11:00 - 11:45 AM Chair Stretch	1:00PM - 6:00PM Open Gym - Please note this may vary for private events	3:00 - 5:45PM (PP) Pickleball (Full Court)
12:00-2:00PM Pickleball	12:00 - 2:00 PM Pickleball	12:00 - 2:00 PM Pickleball	12:00 - 2:00 PM Pickleball	12:00 - 2:00 PM Pickleball		
2:00-3:00PM Open Gym	2:00-3:00PM Open Gym	2:00-3:00PM Open Gym	2:00-3:00PM Open Gym	2:00-3:00PM Open Gym		
3:00-4:15PM After School	3:00-4:15PM After School	3:00-4:15PM After School	3:00-4:15PM After School	3:00-4:15PM After School		
4:30-6:00PM OPEN GYM	4:15 - 5:00 PM Teen Bootcamp (half-court)	4:15 - 5:00 PM Teen Bootcamp (half-court)	4:15-5:45PM Open Gym	4:15-5:00 PM Teen Bootcamp (half-court)	5:00-6:00PM OPEN GYM	
6:00-7:45PM Basketball Lessons	5:15 -7:00PM Open Gym Full Court	5:00 - 5:45 PM BBall Holistic Warrior (half- court)	5:45-6:00PM Swim Team			
7:45 - 9:00PM Open Gym Full Court	7:00 - 8:45PM Volleyball Full Court	6:00 - 7:45 PM Basketball Lessons (PP)	6:00 - 7:00 PM Open Gym	6:00 - 8:00PM Soccer (PP)	8:00-9:00PM OPEN GYM FULL COURT	
		8:00 -9:00PM Open Gym Full Court	7:00 - 8:45PM Volleyball Full Court			

updated 1/31/2025