



**Pool Schedule: 01/06/2025-01/31/2025**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Pool Legend
6:00-7:00 AM Lap Swim	6:00-7:00 AM Lap Swim	6:00-7:00 AM Lap Swim	6:00-7:00 AM Lap Swim	6:00-7:00 AM Lap Swim			<p><b>Yellow-</b> Lap Swim</p> <p><b>Blue-</b> Water Exercise</p> <p><b>Orange-</b> Open Swim is open to all that have a membership</p> <p><b>Red-</b> Private Lessons</p> <p><b>Green-</b> Sailfish Swim Team</p> <p><b>Aqua Green-</b> Holiday Camp</p> <p><b>Pink-</b> Afterschool</p> <p><b>Purple-</b> FASNY</p> <p><b>NOTE: Private Lessons may happen during lap swim.</b></p> <p><b>Caps are required when in the pool.</b></p>
7:00-8:00 AM Lap Swim	7:00-8:00 AM Lap Swim	7:00-8:00 AM Lap Swim	7:00-8:00 AM Lap Swim	7:00-8:00 AM Lap Swim	7:00-8:00 AM Lap Swim (3L) Swim Team (3L)		
8:00-8:50 AM Lap Swim	8:00-8:50 AM Lap Swim	8:00-8:50 AM Lap Swim	8:00-8:50 AM Lap Swim	8:00-8:50 AM Lap Swim	8:00-8:50 AM Lap Swim (3L) Swim Team (3L)	8:00-8:45 AM Lap Swim	
9:00-10:00 AM Silver Splash	9:00-10:00 AM Water Funk	9:00-10:00 AM Aqua Zumba	9:00-10:00 AM Water Funk	9:00-10:00 AM Silver Splash	9:00-10:00 AM Aqua Flex	9:00-10:00 AM Lap Swim	
10:00-11:00AM Lap Swim	10:00-11:00 AM Water Funk	10:00-11:00AM Lap Swim	10:00-11:00 AM Water Funk	10:00-11:00AM Lap Swim	10:00 AM-1:00 PM Group Lessons Private Lessons	10:00 AM-1:00 PM Group Lessons Private Lessons	
11:00-12:00 Lap Swim	11:00-12:00 Lap Swim	11:00-12:00 Lap Swim	11:00-12:00 Lap Swim	11:00-12:00 Lap Swim			
12:00-1:00 PM Lap Swim	12:00-1:00 PM Lap Swim	12:00-1:00 PM Lap Swim	12:00-1:00 PM Lap Swim	12:00-1:00 PM Lap Swim			
1:00-2:00 PM Lap Swim	1:00-2:00 PM Lap Swim	1:00-2:00 PM Lap Swim	1:00-2:00 PM Lap Swim	1:00-2:00 PM Lap Swim	1:00-3:45 PM Lap Swim (4L) Open Swim (2L)	1:00-4:45 PM Lap Swim (4L) Open Swim (2L)	
2:00-3:00 PM Lap Swim	2:00-3:00 PM Lap Swim	2:00-3:00 PM Lap Swim	2:00-3:00 PM Lap Swim	2:00-3:00 PM Lap Swim			
3:00-4:00 PM Lap Swim	3:00-4:00 PM Lap Swim	3:00-4:00 PM Lap Swim	3:00-4:00 PM Lap Swim	3:00-4:00 PM Lap Swim			
4:00-5:00 PM Afterschool Lessons (2L) Group Lessons (4L)	4:00-5:00 PM Group Lessons (6L)	4:00-5:00 PM Group Lessons (6L)	4:00-5:00 PM Group Lessons (6L)	4:00-5:00 PM Group Lessons	4:00-5:00 PM FASNY (6L)		
5:00-5:50 PM Group Lessons (6L)	5:00-5:50 PM Group Lessons (6L)	5:00-5:50 PM Group Lessons (6L)	5:00-5:50 PM Group Lessons (6L)	5:00-5:50 PM Group Lessons (6L)			
6:00-7:00 PM Swim Team	6:00-7:00 PM Deep Water Conditioning(4L) Swim Team(2L)	6:00-7:00 PM Swim Team	6:00-6:45 PM Deep Water Conditioning	6:00-7:00 PM Swim Team			
7:00-8:00 PM Group Lessons (1L) Swim Team (5L)	7:00-8:00 PM Swim Team	7:00-8:00 PM Swim Team	7:00-8:00 PM Swim Team (6L) Group Lessons (1L)	7:00-8:00 PM Swim Team			
8:00-9:00 PM FASNY (6L)	8:00-9:00 PM Swim Team	8:00-9:00 PM FASNY (6L)	8:00-9:00 PM Swim Team	8:00-9:00 PM Swim Team			
						Updated: 01/04/2025	