the THE NEW ROCHELLE YMCA SUMMER CAMP 2025



NEW ROCHELLE YMCA – 50 WEYMAN AVENUE NEW ROCHELLE, NY 10805 childcare@nrymca.org nrymca.org

PHONE: 914-632-1818

New Rochelle YMCA Summer Camp -

Youth Development is one of the YMCA's Impact Areas where Ys are empowering young people to reach their fullest potential and at the heart of our summer camp. The YMCA Summer Camp program offers more than just a fun, caring, and safe place to keep your child physically and mentally engaged over the summer. It's more than just a summer experience that fosters new friendships, teaches new skills and provides so many ways to have fun and laugh the time away. We do so much more than take daily swims in our pool, dance in our studio, create unique arts and crafts, play games and take fabulous weekly trips.

Embedded in our program, we integrate a holistic approach to programming that enhances and nurtures the unique developmental journey of every child and teen. Activities and trips vary depending on the age group to ensure they are aligned to age appropriate milestones.

We create opportunities for campers to challenge themselves as they seek to become more independent and self-reliant. Team building activities allow campers to communicate effectively and take on leadership roles as they work together to solve problems. Sports games foster healthy competition and inspire kids to do their best.

Woven throughout the series of events that make up the day, we teach our four core values of caring, honesty, respect and responsibility. Counselors, serving as positive role models, help with character development activities throughout the week to further reinforce our efforts in teaching these universal values. It may seem like just fun and games, but we are strategic and purposeful in the activities selected to nurture your child's growth. We enrich each child's:

- MIND by exposure to Science, Math, Technology, and Engineering
- BODY by exploring Health and Wellness through Culinary
- SPIRIT by growing an appreciation of Arts & Music

Each child gains something different at camp: making new friends, self-confidence, independence, and leadership—skills that last far beyond camp. Whether it's your child's first camp experience or a returning camper, our camp provides an environment where campers are encouraged to grow, have fun, be creative and make those memories that will last a lifetime.

Questions? Call the Childcare Department at 914-224-7504

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WEEKLY THEMES AND TRIPS

Week 1:

June 30 – July 4, 2025 **(Closed 4th of July) Theme:** The Magic of Camp **Experience:** Family & Friends Night BBQ on Wednesday, July 2nd at 5:30 PM

Week 2:

July 7 - 11, 2025 **Theme:** Mystery Madness **Trips:** Brooklyn Children's Museum (Discovery and Adventure) Time Mission (Explorer and Teen)

Week 3:

July 14 – 18, 2025 **Theme:** Decade Dash **Experience:** Fashion Show through the Decades, Disco Dance Party

Week 4:

July 21 – 25, 2025 **Theme:** The Great Outdoors **Trip:** Club Getaway (Explorer and Teen) Greenburgh Nature Center (Discovery and Adventure)

Week 5:

July 28 - August 1, 2025Experience:Theme: Around the WorldY-lympicsTrips: The Bronx Zoo (Discovery and Adventure)Watson Adventure Scavenger Hunt (a) The MET (Explorer and Teen)

Week 6:

August 4 – 8, 2025 Theme: Amazing Race Trips: Wilson Woods Wave Pool (Discovery, Adventure, Explorer, and Teens) Experience: Color Run

Week 7:

August 11 – 15, 2025 Theme: Sport Mania Trips: Bowling (Discovery and Adventure) High Exposure (Explorer and Teen)

Week 8:

August 18 – 22, 2025 Theme: Carnival Craze Event: Camp Carnival on Wednesday, August 20th at 3:00 PM

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Please

note that

trips are subject to

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CHECK OUT OUR ACTIVITY SCHEDULE!

New Rochelle YMCA Summer Camp Example Schedule

Time	Activity
7:30 am - 9:00 am	AM Extended Care, Yard Games & Activities
9:00 am - 10:00 am	Camp Opening Breakfast, Morning Group Gatherings
10:00 am - 11:00 am	Team Building, Group Activities
11:00 am - 12:00 pm	Swim
12:00 pm - 1:00 pm	Lunch
1:00 pm - 2:00 pm	Arts and Crafts, Culinary
2:00 pm - 3:00 pm	Various Youth Sports, CATCH Curriculum
3:00 pm - 4:00 pm	STEM
4:00 pm - 5:00 pm	Field Games, Dismissal
5:00 pm - 6:30 pm	PM Extended Care, Gym Games



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KIDS MAKE MEMORIES AT NEW ROCHELLE YMCA CAMP...

Our day camp is divided into smaller camp groups based on age groups. This ensures all activities are age appropriate. Whether enrolled in Discovery Camp (D), Adventurer (A), Explorer (E) or X-treme Teen (T), all groups enjoy an assortment of activities throughout the day ranging from arts and crafts, dance, swimming, and organized games/sports. Weekly themes thread the days of the week together and culminate in a weekly age- appropriate trip. One weekly dress up day for extra silliness and fun. We offer free lunch and a healthy snack daily. Children with allergies or food sensitivities should bring their own lunch. Regardless of where we go or what we do, the goal is to always have fun and create great memories.

Discovery Camp is a great way to introduce your child to the summer camp experience. It is designed for children entering preschool and/or Kindergarten in September 2025. Supported by caring counselors, campers are provided with a myriad of activities ranging from arts and crafts, swimming, organized games to promote gross motor skill development, and we'll even sneak in some academic work to be sure they don't forget their A, B, C's or 1, 2, 3's. Please note that all campers must be fully toilet-trained. (Ages 3-4, 1:6 staff to camper ratio)

Adventurers will engage in fun adventures in this traditional day camp as they keep active with physical fitness, sports, dance, indoor and outdoor activities, swimming and so much more. Campers will be excited as they enjoy science activities, be creative in arts and crafts and build resilience as they engage in challenges that require problem-solving and critical thinking skills. Activities will also help campers build social and emotional skills in a fun and inclusive environment. (Ages 5-6 & 7-8,1:6 staff to camper ratio)

In the **Explorer Camp**, campers will experience a variety of fun, traditional camp activities that revolve around the weekly themes. Explorers will participate in innovative projects, shows, and other special events. Activities include daily swimming, sports, arts and crafts, and STEM activities. These, in addition to group projects will help develop communication and team building skills, as well as persistence and building confidence. All this while making friends and having fun! (Ages 9-11, 1:10 staff to camper ratio)

Teen X-treme team will be an amazing and varied summer experience for this age group. Campers will build communication and collaborative working skills as their team dives into activities based on weekly themes. Campers will explore and partake in the arts, sports, and science, all with a focus on building confidence and strong peer relationships. (Ages 12-15, 1:12 staff to camper ratio)

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CHECK OUT OUR CALENDAR!

JULY 2025 the NEW ROCHELLE YMCA - SUMMER CAMP the							
WEEKLY THEME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FUN FRIDAY		
THE MAGIC OF CAMP	30 (JUNE) WELCOME BACK TO CAMP!	1 STEM CHALLENGE: MAGIC MILK & FLUFFY SLIME	2 FAMILY & FRIENDS NIGHT BBQ @5:30 PM WACKY WEDNESDAY: STARS & STRIPES	3 CULINARY: COLOR CHANGING REFRESHER	4 4TH OF JULY, NO CAMP		
MYSTERY MADNESS	7 ARTS & CRAFTS: FINGER PRINT	8 STEM CHALLENGE: INVISIBLE INK	9 DISCOVERY & ADVENTURE TRIP: BROOKLYN CHILDRENS MUSEUM	10 EXPLORER & TEENS TRIP: TIME MISSION	11 CULINARY: ICE CREAM IN A BAG		
DECADE DASH	14 ARTS & CRAFTS: COFFEE FILTER VINYL RECORDS	15 STEM CHALLENGE: BALLOON ROCKETS	16 WACKY WEDNESDAY: TIE DYE	17 CULINARY: SNACK PARTY MIX	18 FASHION SHOW THROUGH THE DECADES & DISCO DANCE PARTY		
THE GREAT OUTDOORS	21 ARTS & CRAFTS: OJO DE DIOS MEDALLIONS	22 STEM CHALLENGE: SUNLIGHT NATURE PRINTS	23 DISCOVERY & ADVENTURE TRIP: GREENBURGH NATURE CENTER	24 EXPLORER & TEENS TRIP: CLUB GETAWAY	25 CULINARY: DIRT CUPS		
AROUND THE WORLD	28 ARTS & CREFTS: DESIGN YOUR COUNTRIES FLAG	29 STEM CHALLENGE: MARBLE RUN	30 EXPLORER & TEENS TRIP: WATSON ADVENTURE SCAVENGER HUNT AT THE MET	31 DISCOVERY & ADVENTURE TRIP: BRONX ZOO			

WEEKLY THEME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FUN FRIDAY
AROUND THE WORLD					1 Y-LYMPICS CULINARY: OLYMPIC RING CEREAL NECKLACE
AMAZING RACE	4 ARTS & CRAFTS: PAPER TUBE RACING CARS	5 STEM CHALLENGE: LEGO PARACHUTE ACTIVITY	6 WACKY WEDNESDAY: TWIN DAY	7 ALL GROUPS TRIP: WILSON WOODS WAVE POOL	8 COLOR RUN CULINARY: TRAFFIC LIGHT KEBOBS
SPORTS MANIA	11 ARTS & CRAFTS: DESIGN YOUR OWN JERSEY	12 STEM CHALLENGE: FLOATING POPSCICLE STICK BOAT	13 DISCOVERY & ADVENTURE FIELD TRIP: BOWLING	14 EXPLORER & TEENS TRIP: HIGH EXPOSURE	15 CULINARY: DUMBBELL WEIGHT:
CARNIVAL CRAZE	18 ARTS & CRAFTS: COTTON CANDY TISSUE PAPER CRAFT	19 STEM CHALLENGE: CREATE A RAINBOW/BALLOON ANIMALS	20 CAMP CARNIVAL 3:00 PM WACKY WEDNESDAY: CRAZY SOCKS	21 CULINARY: CANDY APPLES	22 LAST DAY! HAVE A GREAT SCHOOL YEAR
	25	26	27	28	29

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PRICING

Weekly Camp Rate

Member: \$380

Non-Member: \$415

Weekly Cost of Extended Care

AM or PM: \$75

Both AM and PM: \$140

REFUND POLICY

Cancellations, changes, and refunds may be made prior to May 15th for a refund (less the non-refundable \$75 registration fee and 25% deposit.). **No refunds will be accepted after May 15th**. A \$30 service fee per occurrence will apply for any returned or disputed payments. Unpaid balances past 30 days will be forwarded for collection. Cancellations must be made in writing or by email to Childcare Department at childcare@nrymca.org

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JOIN US FOR THE BEST SUMMER **EVER!**



Scan QR Code for Summer Camp Application



Scan QR Code for Summer Camp **Parent Handbook**



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