



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Pool Schedule: 08/30/2024-09/06/2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Pool Legend
6:00-7:00 AM Lap Swim	6:00-7:00 AM Lap Swim	6:00-7:00 AM Lap Swim	6:00-7:00 AM Lap Swim	6:00-7:00 AM Lap Swim			<p>Yellow- Lap Swim</p> <p>Blue- Aquatic Exercise</p> <p>Orange- Open Swim is open to all that have a membership</p> <p>Red- Private Lessons</p> <p>Green- Sailfish Swim Team</p> <p>Aqua Green- Holiday Camp</p> <p>Pink- Afterschool</p> <p>NOTE: Private Lessons may happen during lap swim. Caps are required when in the pool.</p>
7:00-8:00 AM Lap Swim	7:00-8:00 AM Lap Swim	7:00-8:00 AM Lap Swim	7:00-8:00 AM Lap Swim	7:00-8:00 AM Lap Swim	7:00-8:00 AM Lap Swim		
8:00-8:50 AM Lap Swim	8:00-8:50 AM Lap Swim	8:00-8:50 AM Lap Swim	8:00-8:50 AM Lap Swim	8:00-8:50 AM Lap Swim	8:00-8:45 AM Lap Swim	8:00 AM-12:45 PM Lap Swim	
9:00-10:00 AM Silver Splash	9:00-10:00 AM Water Funk	9:00-10:00 AM Aqua Zumba	9:00-10:00 AM Water Funk	9:00-10:00 AM Silver Splash	9:00-10:00 AM Aqua Flex		
10:00-11:00AM Lap Swim	10:00-11:00 AM Water Funk	10:00-11:00AM Lap Swim	10:00-11:00 AM Water Funk	10:00-11:00AM Lap Swim	10:00 AM-1:00 PM Lap Swim		
11:00-12:00 PM Lap Swim	11:00-12:00 PM Lap Swim	11:00-12:00 PM Lap Swim	11:00-12:00 PM Lap Swim	11:00-12:00 PM Lap Swim			
12:00-1:00 PM Lap Swim	12:00-1:00 PM Lap Swim	12:00-1:00 PM Lap Swim	12:00-1:00 PM Lap Swim	12:00-1:00 PM Lap Swim			
1:00-2:00 PM Lap Swim	1:00-2:00 PM Lap Swim	1:00-2:00 PM Lap Swim	1:00-2:00 PM Lap Swim	1:00-2:00 PM Lap Swim	1:00-4:45 PM Lap Swim (4L) Open Swim (2L)	1:00-4:45 PM Lap Swim (4L) Open Swim (2L)	
2:00-3:00 PM Lap Swim	2:00-3:00 PM Lap Swim	2:00-3:00 PM Lap Swim	2:00-3:00 PM Lap Swim	2:00-3:00 PM Lap Swim			
3:00-4:00 PM Lap Swim	3:00-4:00 PM Lap Swim	3:00-4:00 PM Lap Swim	3:00-4:00 PM Lap Swim	3:00-4:00 PM Lap Swim			
4:00-5:00 PM Lap Swim	4:00-5:00 PM Lap Swim	4:00-5:00 PM Lap Swim	4:00-5:00 PM Lap Swim	4:00-5:00 PM Lap Swim			
5:00-6:00 PM Lap Swim	5:00-6:00 PM Lap Swim	5:00-6:00 PM Lap Swim	5:00-6:00 PM Lap Swim	5:00-6:00 PM Lap Swim			
6:00-7:00 PM Lap Swim	6:00-7:00 PM Lap Swim	6:00-7:00 PM Lap Swim	6:00-6:45 PM Deep Water Conditioning	6:00-7:00 PM Lap Swim			
7:00-8:00 PM Lap Swim	7:00-8:00 PM Lap Swim	7:00-8:00 PM Lap Swim	7:00-8:00 PM Lap Swim	7:00-8:00 PM Lap Swim			
8:00-8:45 PM Lap Swim	8:00-8:45 PM Lap Swim	8:00-8:30 PM Lap Swim	8:00-8:45 PM Lap Swim	8:00-8:45 PM Open Swim			
						Updated: 08/28/2024	