



Gym Schedule 7/01/24 - 7/31/24

FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00-9:00AM Open Gym	6:00 - 9:00AM Open Gym	6:00 -10:00AM Open Gym	6:00 - 9:00AM Open Gym	6:00 - 10:00 AM Open Gym	7:00 - 10:00AM Open Gym	8:00 - 10:00AM Open Gym
9:00-10:00AM Summer Camp Soccer			9:00 - 10:00 AM Summer Camp			
10:00-10:45AM Zumba Gold	9:00 - 12:00 PM Summer Camp	10:00 - 10:45 AM Silver Sneakers	10:00 - 10:45 AM Zumba Gold	10:00 - 10:45 AM Zumba Gold	10:00AM - 12:00PM Basketball Lessons	10:00 AM - 1:00PM Basketball Lessons
11:00-11:45AM Summer Camp		11:00 - 11:45 AM Zumba Toning	11:00 AM - 12:00 PM Open Gym	11:00 - 11:45 AM Chair Stretch		
12:00-2:00PM Pickleball		12:00 - 2:00 PM Pickleball	12:00 - 2:00 PM Pickleball	12:00 - 2:00 PM Pickleball		
2:00-2:30PM Open Gym	2:00 - 2:30PM Open Gym	2:00 - 2:30PM Open Gym	2:00 - 2:30PM Open Gym	2:00 - 2:30PM Open Gym	1:00 - 4:00PM Open Gym	1:00 - 4:00PM Open Gym
2:30-4:30PM Summer Camp	2:30 - 4:30PM Summer Camp	2:30 - 4:15PM Summer Camp	2:30-4:30PM Summer Camp	2:30-4:30PM Summer Camp		
4:30-5:00PM Open Gym	4:15 - 5:00 PM Teen Bootcamp	4:15 - 5:00 PM Teen Bootcamp (half-court)	4:30-5:45PM Open Gym	4:15-5:00 PM Teen Bootcamp (half-court)	4:00 - 6:00PM Open Court Pickleball	4:00 - 6:00PM Open Court Pickleball
5:00-6:30PM Summer Camp (half-court)	5:00-6:30PM Summer Camp (half-court)	5:00 - 5:45 PM BBall Holistic Warrior (half- court)		5:45-6:00PM Swim Team		
6:30 -9:00PM Open Gym Full Court	6:30 -9:00PM Open Gym Full Court	6:00 - 6:45 PM Basketball Classes (half- court)	5:00-6:30PM Summer Camp (half-court)	6:30 - 9:00PM Open Gym		
		5:00-6:30PM Summer Camp (half-court)	6:30 -9:00PM Open Gym Full Court			

Facility Hours:
M-F: 6 AM - 9 PM
Sat: 7 AM - 6 PM
Sun: 8 AM - 6 PM