



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Pool Schedule: 03/25/2024-03/31/2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Pool Legend
6:00-7:00 AM Lap Swim	6:00-7:00 AM Lap Swim	6:00-7:00 AM Lap Swim	6:00-7:00 AM Lap Swim	6:00-7:00 AM Lap Swim			<div>Yellow- Lap Swim</div> <div>Blue- Aquatic Exercise</div> <div>Orange- Family Swim *Must have a family membership*</div> <div>Red- Private Lessons</div> <div>Green- Sailfish Swim Team</div> <div>Aqua Green- Holiday Camp</div> <div>Pink- FASNY</div> <div>NOTE: Private Lessons may happen during lap swim.</div>
7:00-8:00 AM Lap Swim	7:00-8:00 AM Lap Swim	7:00-8:00 AM Lap Swim	7:00-8:00 AM Lap Swim	7:00-8:00 AM Lap Swim	7:00-8:00 AM Lap Swim		
8:00-8:55 AM Lap Swim	8:00-8:55 AM Lap Swim	8:00-8:55 AM Lap Swim	8:00-8:55 AM Lap Swim	8:00-8:55 AM Lap Swim	8:00-9:00 AM Lap Swim	8:00-9:00 AM Lap Swim	
9:00-10:00 AM Silver Splash	9:00-10:00 AM Water Funk	9:00-10:00 Aqua Zumba	9:00-10:00 AM Water Funk	9:00-10:00 AM Silver Splash	9:00-10:00 AM Aqua Flex	9:00-10:00 AM Group Lessons (2L) Lap Swim (4L)	
10:00-11:00AM Lap Swim	10:00-11:00 AM Water Funk	10:00-11:00AM Lap Swim	10:00-11:00 AM Water Funk	10:00-11:00AM Lap Swim	10:00 AM-1:00 PM Group Lessons (5L) Private Lessons (1L)	10:00-11:00 AM Group Lessons (5L) Private Lessons (1L)	
11:00-12:00 PM Lap Swim (5L) Group Lessons (1L)	11:00-12:00 Lap Swim (4L) Group Lessons (2L)	11:00-12:00 Lap Swim	11:00-12:00 Lap Swim (4L) Group Lessons (2L)	11:00-12:00 Lap Swim		11:00-12:00 PM Group Lessons (5L) Private Lessons (1L)	
12:00-1:00 PM Lap Swim	12:00-1:00 PM Lap Swim	12:00-1:00 PM Lap Swim	12:00-1:00 PM Lap Swim	12:00-1:00 PM Lap Swim		12:00-1:00 PM Group Lessons (5L) Private Lessons (1L)	
1:00-2:00 PM Holiday Camp	1:00-2:00 PM Holiday Camp	1:00-2:00 PM Holiday Camp	1:00-2:00 PM Holiday Camp	1:00-2:00 PM Holiday Camp	1:00-4:45 PM Lap Swim (4L) Open Swim (2L)	1:00-4:45 PM Lap Swim (4L) Open Swim (2L)	
2:00-3:00 PM Lap Swim	2:00-3:00 PM Lap Swim	2:00-3:00 PM Lap Swim	2:00-3:00 PM Lap Swim	2:00-3:00 PM Lap Swim			
3:00-4:00 PM Lap Swim	3:00-4:00 PM Lap Swim	3:00-4:00 PM Lap Swim	3:00-4:00 PM Lap Swim	3:00-4:00 PM Lap Swim			
4:00-5:00 PM Group Lessons (2L) Private Lessons (1L) Swim Team (3L)	4:00-5:00 PM Group Lessons (3L) Private Lessons (1L) Lap Swim (2L)	4:00-5:00 PM Group Lessons (3L) Private Lessons (1L) Swim Team (2L)	4:00-5:00 PM Group Lessons (3L) Private Lessons (1L) Lap Swim (2L)	4:00-5:00 PM Swim Team (3L) Private Lessons (1L) Lap Swim (2L)			
5:00-6:00 PM Group Lessons (1L) Swim Team (5L)	5:00-6:00 PM Group Lessons(1L) Swim Team (5L)	5:00-6:00 PM Group Lessons (3L) Private Lessons (1L) Swim Team (2L)	5:00-6:00 PM Group lessons (3L) Private Lessons (2L) Lap swim (1L)	5:00-6:00 PM Swim Team (5L) Private Lessons (1L)			
6:00-7:00 PM Swim Team (6L)	6:00-6:30 PM Swim Team (6L)	6:00-7:00 PM Group Lessons (3L) Swim Team (2L) Yardage Wednesday (1L)	6:00-6:45 PM Deep Water Conditioning	6:00-7:00 PM Swim Team (6L)			
7:00-8:00 PM Swim Team (5L) Group Lessons (1L)	6:45-7:30 PM Deep Water Conditioning	7:00-8:00 PM Group Lessons (1L) Swim Team (4L) Yardage Wednesday (2L)	6:45-8:00 PM Group Lessons (1L) Swim Team (6L)	7:00-8:00 PM Swim Team (6L)			
8:00-8:45 PM Lap Swim	8:00-8:45 PM Lap Swim	8:00-8:45 PM Lap Swim	8:00-8:45 PM Lap Swim	8:00-8:45 PM Open Swim			
						Updated: 03/24/2024	