



# THE NEW ROCHELLE YMCA SUMMER CAMP 2024



NEW ROCHELLE YMCA - 50 WEYMAN AVENUE  
NEW ROCHELLE, NY 10805

PHONE: 914-632-1818

[frontdesk@nrymca.org](mailto:frontdesk@nrymca.org)  
[WWW.NRYMCA.ORG](http://WWW.NRYMCA.ORG)



## New Rochelle YMCA Summer Camp –

Youth Development is one of the YMCA's Impact Areas where Ys are empowering young people to reach their fullest potential and at the heart of our summer camp. The YMCA Summer Camp program offers more than just a fun, caring, and safe place to keep your child physically and mentally engaged over the summer. It's more than just a summer experience that fosters new friendships, teaches new skills and provides so many ways to have fun and laugh the time away. We do so much more than take daily swims in our pool, dance in our studio, create unique arts and crafts, play games and take fabulous weekly trips.

Embedded in our program, we integrate a holistic approach to programming that enhances and nurtures the unique developmental journey of every child and teen. Activities and trips vary depending on the age group to ensure they are aligned to age appropriate milestones.

We create opportunities for campers to challenge themselves as they seek to become more independent and self-reliant. Team building activities allow campers to communicate effectively and take on leadership roles as they work together to solve problems. Sports games foster healthy competition and inspire kids to do their best. Additionally, we will be offering free Safety Around Water lessons for 30 minutes per week, with a minimum of 4 weeks, for those that sign up!

Woven throughout the series of events that make up the day, we teach our four core values of caring, honesty, respect and responsibility. Counselors, serving as positive role models, help with character development activities throughout the week to further reinforce our efforts in teaching these universal values. It may seem like just fun and games, but we are strategic and purposeful in the activities selected to nurture your child's growth. We enrich each child's:

- **MIND** by exposure to Science, Math, and Reading
- **BODY** by exploring Health and Wellness
- **SPIRIT** by growing an appreciation of Arts & Music

Each child gains something different at camp: making new friends, self-confidence, independence, and leadership—skills that last far beyond camp. Whether it's your child's first camp experience or a returning camper, our camp provides an environment where campers are encouraged to grow, have fun, be creative and make those memories that will last a lifetime.

**Questions? Call Tanisha Miller at 914-224-7504**

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# WEEKLY THEMES AND TRIPS

## Week 1:

July 1st – 5th, 2024 (Closed 4th of July)

Theme: Aloha Summer

## Week 2:

July 8th – 12th, 2024

Theme: S'more Fun at Camp – Family BBQ on Thursday, July 11th at 5:30 PM

Trips: Hapik Yonkers (Discovery and Adventure)

Alley Pond Adventure Course (Explorer and Teen)

## Week 3:

July 15th – 19th, 2024

Theme: Wild Discoveries

Trips: Stamford Nature Center and Museum (Discovery and Adventure)

Intrepid Museum (Explorer and Teen)

## Week 4:

July 22nd – 26th, 2024

Theme: Around The World

Trip: Quassy (Discovery, Adventure, Explorer and Teen)

## Week 5:

July 29th – August 1st, 2024

Theme: Camp Kindness

Trips: Bounce U (Discovery and Adventure)

Rock Climbing (Explorer and Teen)

## Week 6:

August 5th – 9th, 2024

Theme: We've Got Talent – Talent Show on Friday, August 9th at 2:00 PM

Trips: Long Island Children's Museum (Discovery and Adventure)

Medieval Times (Explorer and Teen)

## Week 7:

August 12th – 16th, 2024

Theme: Superheroes and Side Kicks

Trips: Brooklyn Aquarium (Discovery and Adventure)

Club Getaway (Explorer and Teen)

## Week 8:

August 19th – 23rd, 2024

Theme: Amazing Race

Trips: Ninja Park/Trampolines (Discovery and Adventure)

Thrillz Danbury (Explorer and Teen)



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# CHECK OUT OUR ACTIVITY SCHEDULE!

## New Rochelle YMCA Summer Camp Example Schedule

Time	Activity
7:30 am – 9:00 am	AM Extended Care, Group Games
9:00 am – 10:00 am	Camp Opening Breakfast, Morning Group Gatherings
10:00 am – 11:00 am	Sports, Dance, Drama
11:00 am – 12:00 pm	Pool Time, Swim or Boating
12:00 pm – 1:00 pm	Lunch
1:00 pm – 2:00 pm	Arts and Crafts
2:00 pm – 3:00 pm	Various Youth Sports
3:00 pm – 4:00 pm	Team Building, STEM
4:00 pm – 5:00 pm	Field Games, Dismissal
5:00 pm – 6:30 pm	PM Extended Care, Group Games



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## KIDS MAKE MEMORIES AT NEW ROCHELLE YMCA CAMP...

**Our day camp is divided into smaller camp groups** based on age groups. This ensures all activities are age appropriate. Whether enrolled in Discovery Camp (D), Adventurer (A), Explorer (E) or X-treme Teen (T), all groups enjoy an assortment of activities throughout the day ranging from arts and crafts, dance, swimming, and organized games/sports. Weekly themes thread the days of the week together and culminate in a weekly age- appropriate trip. One weekly dress up day for extra silliness and fun. We offer free lunch and a healthy snack daily. Children with allergies or food sensitivities should bring their own lunch. Regardless of where we go or what we do, the goal is to always have fun and create great memories.



**Discovery Camp** is a great way to introduce your child to the summer camp experience. It is designed for children entering preschool and/or Kindergarten in September 2023. Supported by caring counselors, campers are provided with a myriad of activities ranging from arts and crafts, swimming, organized games to promote gross motor skill development, and we'll even sneak in some academic work to be sure they don't forget their A, B, C's or 1, 2, 3's. Please note that all campers must be fully toilet-trained. (Ages 3-4, 1:6 staff to camper ratio)



**Adventurers** will engage in fun adventures in this traditional day camp as they keep active with physical fitness, sports, dance, indoor and outdoor activities, swimming and so much more. Campers will be excited as they enjoy science activities, be creative in arts and crafts and build resilience as they engage in challenges that require problem-solving and critical thinking skills. Activities will also help campers build social and emotional skills in a fun and inclusive environment. (Ages 5-6 & 7-8, 1:6 staff to camper ratio)



In the **Explorer Camp**, campers will experience a variety of fun, traditional camp activities that revolve around the weekly themes. Explorers will participate in innovative projects, shows, and other special events. Activities include daily swimming, sports, arts and crafts, and STEM activities. These, in addition to group projects will help develop communication and team building skills, as well as persistence and building confidence. All this while making friends and having fun! (Ages 9-11, 1:10 staff to camper ratio)

**Teen X-treme team** will be an amazing and varied summer experience for this age group. Campers will build communication and collaborative working skills as their team dives into activities based on weekly themes. Campers will explore and partake in the arts, sports, and science, all with a focus on building confidence and strong peer relationships. (Ages 12-15, 1:12 staff to camper ratio)

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# CHECK OUT OUR CALENDAR!

 <b>NEW ROCHELLE YMCA SUMMER CAMP – JULY 2024</b>					
Weekly Theme	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Aloha Summer!</b>	1 DIY Pineapple Craft	2 Watermelon Explosion	3 Wacky Wednesday: Hawaiian	4 Happy 4 <sup>th</sup> of July: No Camp	5 Fun Friday: Luau
<b>S'more Fun at Camp</b>	8 DIY S'more Craft	9 Trip: Stanford Nature Center & Museum (Discoveries and Adventure)	10 Wacky Wednesday: Twin Day	11 Trip: Alley Pond Adventure Course (Explorers and Teens) Event: Camp BBQ @ 5:30	12 Fun Friday: Let's Make S'mores by the Camp Fire!
<b>Wild Discoveries</b>	15 DIY Animal Craft	16 Trip: Brooklyn Aquarium (Discoveries and Adventure)	17 Wacky Wednesday: Crazy Sock Day	18 Trip: Brooklyn Aquarium (Explorers and Teens)	19 Fun Friday: Scavenger Hunt
<b>Around The World</b>	22 DIY Worldly Crafts	23 Fizzy Earth STEM Challenge	24 Wacky Wednesday: Team T-Shirt	25 Trip: Quassy (ALL)	26 Fun Friday: Camp Olympics
<b>Kindness Week</b>	29 DIY Kindness Rocks	30 Trip: Statue of Liberty (Discoveries and Adventure)	31 Wacky Wednesday: Crazy Hat Day		

 <b>NEW ROCHELLE YMCA SUMMER CAMP – AUGUST 2024</b>					
Weekly Theme	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Kindness Week Continued...</b>				1 Trip: Statue of Liberty (Explorers, Teens)	2 Fun Friday: Picture Day
<b>We've Got Talent!</b>	5 DIY Make Your Own Microphone	6 Trip: Rock Climbing (Discoveries & Adventure)	7 Wacky Wednesday: Crazy Hair Day	8 Trip: Rock Climbing (Explorers and Teens)	9 Fun Friday: Talent Show! Families Invited: 2 PM
<b>Superheros &amp; Side Kick Week</b>	12 DIY Superhero Crafts	13 Trip: Bounce U (Discoveries & Adventure)	14 Wacky Wednesday: Superheros & Side Kick	15 Trip: Club Getaway (Explorers & Teens)	16 Fun Friday: Obstacle Course
<b>Amazing Race</b>	19 Tie Dye T-Shirts	20 Trip: Ninja Park/Trampolines (Discoveries & Adventure)	21 Wacky Wednesday: Wear Rainbow	22 Trip: Ninja Park/Trampolines (Discoveries & Adventure)	23 Fun Friday: Color Run

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# PRICING

## Weekly Camp Rate

**Member: \$350**

**Non-Member: \$380**

## Weekly Cost of Extended Care

**AM or PM: \$75**

**Both AM and PM: \$120**

### REFUND POLICY

Cancellations, changes, and refunds may be made prior to May 15th for a refund (less the non-refundable \$75 registration fee and 25% deposit.). No refunds will be accepted after May 15th. A \$30 service fee per occurrence will apply for any returned or disputed payments. Unpaid balances past 30 days will be forwarded for collection. Cancellations must be made in writing or by email to Tanisha Miller at [tmiller@nrymca.org](mailto:tmiller@nrymca.org)

**Questions? Call Tanisha Miller at 914-224-7504**



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Parent Handbook



Parent Handbook

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